

# COACHING AND MENTORING

## **Key Takeaways**

- Build a coaching mindset and culture to enable better strategy execution and ownership across the organisation
- Recognise coaching opportunities and engage in coaching conversations in order to develop their own coaching style and reflective practice
- Make a difference to the people they coach and provide a sound basis for improved performance
- Gain the tools and insights needed to build a coaching culture in the organisation

### **Target Audience**

## SENIOR MANAGEMENT BUSINESS HEADS



**NEED AND OUTCOME BASED** 

**Training Duration** 

#### Introduction

#### Being an effective Coach and Mentor

- Introduction to coaching and mentoring
- Importance of coaching and mentoring
- Characteristics of a coach and a mentor

- Skill-Will Matrix
- C-FAR
  - Connect
  - Focus
  - Activate
  - Review
- Coaching development plan

Understand what it is like to be a coach and mentor

Provide coaching and mentoring through the right means





## THANKYOU

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